

# SUPPORTING FOSTER & ADOPTIVE FAMILIES



Project **1.27**

Fostering and Adopting in Faith

# SUPPORTING FOSTER & ADOPTIVE FAMILIES

Foster & Adoptive Families need time and energy to establish relationships as welcoming kids from hard places takes longer than just a few days. Often, families need support for months and even years. The church can be a consistent presence throughout the journey. Here's some ways to help...



## MEALS

- Organize a meal brigade
- Gift take-out cards
- Make a snack box
- Deliver groceries



## HOUSEWORK

- Fold laundry
- Change bed linens
- Tidy bathrooms
- Mow the lawn
- Rake leaves
- Complete Honey-dos
- Make home repairs



## CELEBRATION

- Celebrate milestones
- Celebrate victories
- Celebrate growth



## CAR SERVICE

- Drive to and from school
- Run errands
- Pick up groceries
- Drive to after-school activities



## CHILDCARE

- Take the kids to ice cream
- Give parents a night out
- Help the kids with homework
- Educate church staff & volunteers
- Provide trauma informed training



## ENCOURAGE

- Send prayer texts
- Mail funny cards
- Call and offer words of encouragement



## PARENT-CARE

- Be available
- Organize respite providers
- Drop o a favorite treat
- Organize a Support Group with childcare



## SOMEONE TO LISTEN TO

- Avoid judgement
- Check in regularly
- Just listen