



10 Ways to say “I Love You” to Foster or Adoptive Families

God showed his love by sending his one and only Son into the world so that we might live through Him (1 John 4:9). As our Father showed His great love in action, through Jesus, we too can say, “I love you” through our actions! Try some of these fun and meaningful ways to say, “I love you!”

FOR PARENTS

- Send a text message or meme letting parents know they are loved, cared for and appreciated.
- Chaperone a home movie night so parents can go out.
- Give a personalized self-care gift, golf balls, aromatherapy oil, calligraphy pens, flowers or a favorite beverage.

FOR A CHILD

- Help put together a unique photo book of all the people a child has in his life (family, friends, teachers).
- Select library books or YouTube videos that match the child’s current interests and share them together.
- Deliver a monthly Tuesday Treat. Share treats like water balloons, pumpkins, peaches, or sidewalk chalk.

FOR SIBLINGS

- Drop off a board game or craft and a shareable snack that siblings can enjoy together.
- Work with siblings to create a funny video or mural.



FOR THE FAMILY

- Provide a dinner gift card and a special note telling the family how loved they are.
- Offer to do a household chore or mini home makeover. Rake leaves, change the furnace filter, paint the front door, plant flowers, or slipcover the sofa. It makes such a difference for foster and adoptive families to know they have a caring support team around them!

Anytime is the perfect time to say “I love you” by doing something thoughtful to show your support!