SAFE Questionnaire I : Single Applicant

INSTRUCTIONS

 Please answer the following questions as they apply to you. Check all the choices that apply. Most of the questions have more than one answer. 				
Print N	Name:		Date:	
1	Who primarily raised you? Mother and Father Father Mother Mother Stepparent Stepparent Stepparent	Stepfather Maternal Grand Paternal Grand Aunt(s) and/or Mother and Mo	dparent(s)	der Sibling(s) optive Parent(s) ster Parent(s) titutional Caretaker(s) gal Guardian(s) ner:
2	Were you separated from eifollowing reasons? No separations Parents separated Parents divorced Death of parent(s)	ther or both of your parent Abandoned by parent(s) Parent(s) long-term hose Parent(s) in military Parent(s) in prison	s) Remo	ved from your home by e or social services
3	How old were you when you	_	your parent(s) or primary with my parent(s) or prin	
4	What were the circumstance	es that led you to leave ho	me? Were there circumst	ances that led you to return?
5	Check the boxes that best characteristics and the characteristics are characteristics. No relationship Abusive Idolized Neglectful Caring Supportive Fun	Friendly Warm Gentle Smothering Demonstrative Over protective Respectful	d relationship with your i Affectionate Anxious Consistent Distant/Uninvolved Superficial Strained Close	mother or primary caregiver: Took care of mother Afraid of mother Unpredictable Full of conflict Relaxed Loving Other:

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6	Check the boxes that best characterize your childhood relationship with your father or primary caregiver:
	□ No relationship □ Friendly □ Affectionate □ Took care of father □ Abusive □ Warm □ Anxious □ Afraid of father □ Idolized □ Gentle □ Consistent □ Unpredictable □ Neglectful □ Smothering □ Distant/Uninvolved □ Full of conflict □ Caring □ Demonstrative □ Superficial □ Relaxed □ Supportive □ Over protective □ Strained □ Loving □ Fun □ Respectful □ Close □ Other:
7	If you were not primarily raised by your mother and/or father, which of the following best describes your relationship with your primary caretaker(s)?
	□ Not applicable □ Friendly □ Affectionate □ Took care of primary caretaker □ Abusive □ Warm □ Anxious □ Afraid of primary caretaker □ Idolized □ Gentle □ Consistent □ Unpredictable □ Neglectful □ Smothering □ Distant/Uninvolved □ Full of conflict □ Caring □ Demonstrative □ Superficial □ Relaxed □ Supportive □ Over protective □ Strained □ Loving □ Fun □ Respectful □ Close □ Other:
8	Check the boxes that best describe what your childhood experience was like:
	□ Painful □ Stable □ Traumatic □ Happy □ Confusing □ Spoiled □ Fun □ Frightening □ Enjoyable □ Wonderful □ Chaotic □ Sad □ Exciting □ Lonely □ Stimulating □ Unhappy □ Secure □ Difficult to remember □ Carefree □ Sickly □ Other:
9	Check the boxes that best describe your parents'/primary caretakers' relationship with each other when
	you were a child: No relationship Divorced Loving Hostile Separated Violent Supportive Happy Full of conflict Fun and playful Distrustful and suspicious Committed Hostile On again/Off again Supportive Relaxed Relaxed Affected by alcohol/drug abuse Other:
10	How would you rate your parents'/primary caretakers' ability to manage their lives? Mother or Primary Caretaker Father or Primary Caretaker
	□ Very good □ Very good □ Good □ Good □ Fair □ Fair □ Poor □ Poor □ Unknown □ Unknown

11	Check the boxes that bes when you were a child:	st describe the personal char	racteristics of your mother	r or primary caretaker
	 Not applicable Loving Perfectionist Domineering Isolated Happy Optimistic Calm Violent Substance Abuser Preoccupied Self-confident 	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	☐ Moody ☐ Overly critical ☐ Hardworking ☐ Flexible ☐ Content ☐ Serious ☐ Compassionate ☐ Friendly/Social ☐ Warm ☐ Supportive ☐ Dramatic ☐ Irritable	☐ Easy going ☐ Kind ☐ Self centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
12	Check the boxes that best caretaker when you wer	st describe the personal char re a child:	racteristics of your father	or other primary
	 Not applicable Loving Perfectionist Domineering Isolated Happy Optimistic Calm Violent Substance abuser Preoccupied Self-confident 	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	☐ Moody ☐ Overly critical ☐ Hardworking ☐ Flexible ☐ Content ☐ Serious ☐ Compassionate ☐ Friendly/Social ☐ Warm ☐ Supportive ☐ Dramatic ☐ Irritable	☐ Easy going ☐ Kind ☐ Self centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
13	Who primarily disciplin	ed you during your childho	od?	
	 □ Both parents equally □ Mother □ Father □ Stepmother □ Stepfather □ Older sibling(s) □ Other: 		ent(s) rdian(s)	

14	during your childhood:	s)/primary caretaker(s) discij	olined you
	Mother or Primary Caretaker	Father or Primary Caret	aker
	□ Not applicable □ Praised positive behaviors □ Consistently □ Shamed □ Fairly □ Grounded □ Strictly □ Removed privileges □ Leniently □ Logical consequences □ Made idle threats □ Withheld food □ Lectured □ Sent me to my room □ Used time outs □ Ignored misbehaviors □ Reasoned with me □ Used physical restraints □ Spanked □ Physically punished □ Family Meetings □ Other than spanking)	☐ Not applicable ☐ Consistently ☐ Fairly ☐ Strictly ☐ Leniently ☐ Made idle threats ☐ Lectured ☐ Used time outs ☐ Reasoned with me ☐ Spanked ☐ Family Meetings ☐ Other:	Praised positive behaviors Shamed Grounded Removed privileges Logical consequences Withheld food Sent me to my room Ignored misbehaviors Used physical restraints Physically punished (other than spanking)
15	Check the boxes that represent the personal values held Mother or Primary Caretaker	by your parent(s)/primary ca	
	□ Not applicable □ Honesty □ Religious beliefs □ Family closeness □ Compassion □ Family support □ Social conscience □ Social status □ Strong work ethic □ Education □ Being responsible □ Self respect □ Freedom of expression □ Independence □ Leading a balanced life □ Making money □ Being a parent □ Fidelity □ Patriotism □ Healthy life style □ Spiritual/Cultural □ Other: Practice	☐ Not applicable ☐ Religious beliefs ☐ Compassion ☐ Social conscience ☐ Strong work ethic ☐ Being responsible ☐ Freedom of expression ☐ Leading a balanced lif ☐ Being a parent ☐ Patriotism ☐ Spiritual/Cultural ☐ Practice	
16	How do your own personal values compare to those of y	our parent(s)/primary careta	ker(s)?
	 □ Basically share the same values □ Share most of their values □ Share some of their values □ Do not share any of their values □ Don't know 		

17	Check the boxes that best describe your parents'/primar you were a child:	y caretakers' attitudes about sexuality when
L	Mother or Primary Caretaker	Father or Primary Caretaker
	□ Unknown □ Awkward discussing □ Open about sexuality □ Believed sex was sinful □ Comfortable discussing □ Liberal sexual attitudes □ Old fashioned □ Conservative attitudes □ Never discussed sex □ Sexually repressed □ No sex before marriage □ Sexually irresponsible □ Condemned □ Supported homosexuality sex education □ Knowledgeable □ Other:	□ Unknown □ Awkward discussing □ Open about sexuality □ Believed sex was sinfu □ Comfortable discussing □ Liberal sexual attitudes □ Old fashioned □ Conservative attitudes □ Never discussed sex □ Sexually repressed □ No sex before marriage □ Sexually irresponsible □ Condemned □ Supported homosexuality sex education □ Knowledgeable □ Other:
18	Check the boxes that best describe what you were like a	s a child (pre-teenage years):
	□ Happy □ Awkward □ Responsible □ Temperamental □ Self-confident □ Sad □ Stubborn □ Friendly □ Irresponsi □ Unhappy □ Calm □ Anxious/N □ Aggressive □ Serious □ Active □ Fearful □ Hyperactive □ Funny	☐ Disobedient ☐ Curious ble ☐ Outgoing ☐ Compliant
19	Check the boxes that best describe what you were like a	s a teenager:
	□ Happy □ Awkward □ Responsible □ Temperamental □ Self-confident □ Sad □ Stubborn □ Friendly □ Irresponsible □ Unhappy □ Calm □ Anxious/Notice □ Aggressive □ Serious □ Active □ Fearful □ Hyperactive □ Funny	☐ Disobedient ☐ Curious ble ☐ Outgoing ☐ Compliant
20	When you were a child, with whom would you confide?	
	□ Mother □ Aunt(s)/Uncle(s) □ Father □ Stepparent □ Sibling(s) □ Primary Caretaker(s) □ Grandparent(s) □ Cousin(s)	Counselor(s)/Teacher(s) Psychiatrist(s)/Psychologist(s)/Social Worker(s) Clergy
21	When you were a child or adolescent, did you require co	ounseling or psychiatric care?
	□ No □ Yes	
22	Are there issues, traumatic incidents or accidents from	your childhood that currently cause you distress?
	□ No □ Yes	

23	Check the boxes that best describe your early dating experiences:			
	□ Didn't date□ Fun□ Unremarkable□ Chaperoned	☐ Traumatic ☐ Too much too soon ☐ Dull ☐ In groups	□ Extensive□ Unusual□ Pressured□ Friendly	☐ Frightening ☐ Exciting ☐ Limited ☐ Other:
24	Check the boxes that b	est describe your early sex	xual experiences:	
	☐ Limited ☐ Traumatic ☐ Awkward ☐ Exciting	☐ Unremarkable☐ Unusual☐ Romantic☐ Regretful	☐ Frightening ☐ Confusing ☐ Shameful ☐ Amusing	☐ Pleasurable ☐ Abusive ☐ Pressured ☐ Other:
25	If you were married pr	reviously, how did your m	arriage(s) end?	
	☐ Not applicable	☐ Divorce ☐	Death of spouse(s)	☐ Annulment
26	If you were previously	in a domestic partnership	o(s), how did your partr	nership(s) end?
		rship without legal agreem rship with legal agreement		
27		divorce or terminated a de erience was like for you:	omestic partnership, ch	eck the boxes that best
	□ Not applicable□ Easy□ Expensive□ Frightening	☐ Painful ☐ Unfair ☐ Bitter ☐ Amicable	□ Crazy□ Frustrating□ Fair□ Devastating	□ A relief□ Long and drawn out□ Depressing□ Other:
28	Have you ever been in	a custody dispute?		
	□ No □	Yes		
29	Are you currently in a	relationship?		
	□ No □	Yes		
	If yes, please characterize the nature of the relationship(s):			
	\square Long term \square	New Intima	ate 🗌 Casual	☐ Multiple Relationships
30	How often do you argu	ne with others?		
	□ Never□ Rarely□ Once or twice a we	Once or twice Once or twice Several times	a month	☐ Almost daily ☐ Once a day

31	Check the boxes that best describe the major area	s of conflict between you and others:
	 □ Not applicable □ Discipline of children □ Religion □ Alcohol/Drugs □ Emotional closeness □ Family involvement □ Personal habits □ Household chores □ Work □ Infidelity □ Emotional separat □ Money 	Sexual relations
32	Check the boxes that best describe the way you twith others:	pically react when you have a major disagreement
	 Not applicable Reach agreement through mutual give and tak Take time to think things over before discussi Give in and attempt to smooth things over Seek outside help such as a counselor/clergy Sometimes pound or break things Change the topic 	ng
33	Check the boxes that best describe your current i	elationship with your mother and father/primary caregivers:
L	Mother or Primary Caretaker ☐ Mother deceased ☐ Dependent	Father or Primary Caretaker □ Father deceased □ Dependent
	□ No contact □ Loving □ Strained □ Very close □ Distant □ Comfortable □ Caring □ Over involved □ Emotionally intense □ Not involved enous □ Flexible □ On again/off again □ Hostile □ Problematic □ Understanding □ Enjoyable □ Argumentative □ Improving □ Manipulative □ Gratifying □ Positive □ I am caretaker for □ Supportive □ Other:	No contact
34	How helpful and supportive do you feel member	s of your extended family are/will be to you as a parent?
	 Not applicable All family members are helpful and supportive Most family members are helpful and supportive About half are helpful and supportive Few are helpful and supportive No family members are helpful and supportive 	ive

35	In some families, different viewpoints concerning such things as life-style, personal values, religion, socio/economic status, sexual orientation, politics, etc., interfere with family relationships. To what
	degree is that the case in your family?
	☐ Issues such as these do not interfere with relationships within my family ☐ Issues such as these seldom interfere with relationships within my family ☐ Occasionally issues such as these interfere with relationships within my family ☐ Frequently issues such as these interfere with relationships within my family
36	How comfortable are members of your extended family when it comes to being around and relating to children?
	 Not applicable All family members are comfortable Most family members are comfortable About half are comfortable Few are comfortable No family members are comfortable
37	List your siblings according to how close or distant your relationship is with them: I don't have any brothers or sisters
	I am very close to:
38	How many members of your immediate and extended family are ready, willing and able to fully accept an unrelated child into the family?
	 □ All family members are ready, willing and able to fully accept □ Most family members are ready, willing and able to fully accept □ About half are ready, willing and able to fully accept □ Few are ready, willing and able to fully accept □ No family member is ready, willing and able to fully accept
39	How many people in your life, outside of your family, are ready, willing and able to provide you support as a parent?
	 □ There are numerous people who are ready, willing and able to be supportive □ There are several people who are ready, willing and able to be supportive □ There are a few select people who are ready, willing and able to be supportive □ There is one person who is ready, willing and able to be supportive □ There is nobody who is ready, willing and able to be supportive

40	How many people in your life cause you serious conflict and stress? There are numerous people who cause me serious conflict and stress There are several people who cause me serious conflict and stress There are a few select people who cause me serious conflict and stress There is one person who causes me serious conflict and stress There is nobody who causes me serious conflict and stress		
41	Check the boxes that best describe your community involvement:		
	☐ Have no friends that I socialize with ☐ Active in politics ☐ Have a few friends that I socialize with ☐ Regular attendance at religious services ☐ Regular involvement in social organizations ☐ Cocasional attendance at religious services ☐ Occasional involvement in social organizations ☐ Active in politics ☐ Rarely/Never attend religious services ☐ Active in community organizations ☐ Occasional involvement in social organizations ☐ Occasional involvement in community organizations ☐ No involvement in community organizations ☐ Cultural events ☐ Other: ☐ Cultural events		
42	If you are employed outside of the home, how many hours per week do you work?		
	☐ Not applicable ☐ 20 - 30 hours ☐ 41- 50 hours ☐ More than 50 hours		
43	If you are employed outside of the home, how long have you worked at your current job?		
	□ Not applicable □ years and months		
44	Whether you work inside or outside the home, do you enjoy your work?		
	□ No □ Most of the time □ Some of the time □ All of the time		
45	Have you ever been fired?		
	□ No □ Yes		
46	Do you plan any career or job changes in the near future?		
	□ No □ Yes		

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47	How do/will you discipline a child in your care?		
	□ Spanking □ Physical punishment other than spanking □ Lecturing □ Use "time outs" □ Rational discussion □ Raise my voice □ Consistently use reasonable consequences □ Send child to their room □ Ignore the child's misbehavior □ Tell child they are grounded □ Discipline according to how I feel at the time □ Tell child they should be ashamed □ Physical restraint, e.g., strap down in crib □ Threaten punishment in the future □ Make rules and consequences clear in advance □ Tell child how angry they make me □ Take away privileges □ Other:		
48	What is the overall condition of your health?		
	□ Excellent □ Good □ Fair □ Poor		
49	Have you ever been hospitalized or had surgery?		
	□ No □ Yes		
50	Are you currently taking any medication(s)?		
	□ No □ Yes		
51	Have you or any of the family members listed below had any of the following conditions? Indicate which family member by using the following code, placing the appropriate number in front of the condition: 1 = SELF		
	DiabetesArthritisSeizuresHigh blood pressure CancerFrequent headaches		
I affirm that the information given in this questionnaire is correct to the best of my ability. Signature:			