



Reading for Foster and Adoptive Parents

BIOGRAPHIES

- Three Little Words by Ashley Rhodes-Courter
- Walk to Beautiful by Jimmy Wayne

EDUCATION

- Help for Billy: A Beyond Consequences Approach to Helping Challenging Children in the Classroom by Heather T. Forbes

EMOTIONAL DEVELOPMENT

- Raising An Emotionally Intelligent Child The Heart of Parenting by John Mordechai Gottman
- How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber and Elaine Mazlish
- Parenting From the Inside Out by Daniel Segal
- The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind by Daniel Segal DIVERSITY
- Motherhood So White: A Memoir of Race, Gender, and Parenting in America by Nefertiti Austin
- A Forever Family: Fostering Change One Child at a Time by Rob Scheer (Explicit language and use of profanity. Vivid retelling of traumatic and abusive childhood events may be disturbing.)

FETAL ALCOHOL SPECTRUM DISORDER (FASD)

- The Best I Can Be: Living with Fetal Alcohol Syndrome-Effects by Liz Kulp and Jodee Kulp
- Trying Differently Rather Than Harder: Fetal Alcohol Spectrum Disorders by Diane Malbin
- The Long Way to Simple - 50 years of Living, Loving and Laughing as a Person with FASD by Stephen Neafcy



FOSTERING & ADOPTION

- Under His Wings: Truths to Heal Adopted, Orphaned, and Waiting Children’s Hearts (Volume 1) by Sherrie Eldridge
- The Connected Child: Bring Hope and Healing to Your Adoptive Family by Karyn Purvis, David Cross and Wendy Sunshine
- The Connected Parent: Real-Life Strategies for Building Trust and Attachment by Lisa Qualls & Dr. Karyn Purvis
- The Whole Life Adoption Book: Realistic Advice for Building a Healthy Adoptive Family by Jayne Schooner
- Telling the Truth to Your Adopted or Foster Child: Making Sense of Your Past by Jayne Schooner and Betsy E. Keefer
- Talking with Young Children about Adoption by Mary Watkins and Susan Fisher

SENSORY

- Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Processing Issues by Lindsey Biel and Nancy Peske
- The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder by Carol Stock Kranowitz and Lucy Jane Miller
- The Out-of-Sync Child Has Fun: Activities for Kids with Sensory Processing Disorder by Carol Stock Kranowitz
- Understanding Your Child’s Sensory Signals: A Practical Daily Use Handbook for Parents and Teachers by Angie Voss

TRAUMA

- Healing Parents: Helping Wounded Children Learn to Trust & Love by Michael Orlans and Terry M. Levy
- The Boy Who Was Raised as a Dog: And Other Stories from a Child Psychiatrist’s Notebook by Bruce Perry and Maia Szalavitz
- Beyond Consequences, Logic, and Control by Heather T. Forbes
- Beyond Consequences, Logic, and Control Vol. 2 by Heather T. Forbes
- Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families by Jayne Schooner, Betsy Keefer Smalley, and Timothy J. Callahan, Ph.D.



TEENS

- Protecting the Gift: Keeping Children and Teenagers Safe (and Parents Sane) by Gavin de Becker
- Tough Guys and Drama Queens: How Not to Get Blindsided by Your Child's Teen Years by Mark Gregston