



Support Foster and Adoptive Families

Foster & Adoptive Families need time and energy to establish relationships as welcoming kids from hard places takes longer than just a few days. Often, families need support for months and even years. The church can be a consistent presence throughout the journey.

Here are some ways to help:

MEALS

- Organize a meal brigade
- Gift restaurant gift cards for takeout
- Make a snack box
- Deliver groceries
- Stock their freezer with prepared meals

CAR SERVICE

- Drive kids to and from school
- Run errands
- Pick up groceries
- Drive kids to after-school activities
- Wash cars
- Provide oil changes or other vehicle maintenance

ENCOURAGE

- Send prayer texts
- Mail funny cards
- Call and offer words of encouragement



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Kids need families. Families need YOU.

HOUSEWORK

- Fold laundry
- Change bed linens
- Tidy bathrooms
- Mow the lawn
- Rake leaves
- Making home repairs

PARENT-CARE

- Be available
- Organize respite providers
- Drop off a favorite treat of mom or dad's
- Organize a Support Group with childcare

CELEBRATION

- Celebrate milestones
- Celebrate victories
- Celebrate growth

CHILDCARE

- Take the kids to ice cream
- Give parents a night out
- Help the kids with homework
- Educate church staff & volunteers
- Provide church trauma-informed training

SOMEONE TO LISTEN

- Avoid judgment
- Check-in regularly
- Just listen